

400 Atlantic Street

Stamford, CT



Services

Construction Management

Construction Type

Commercial

Size

22,485 square feet

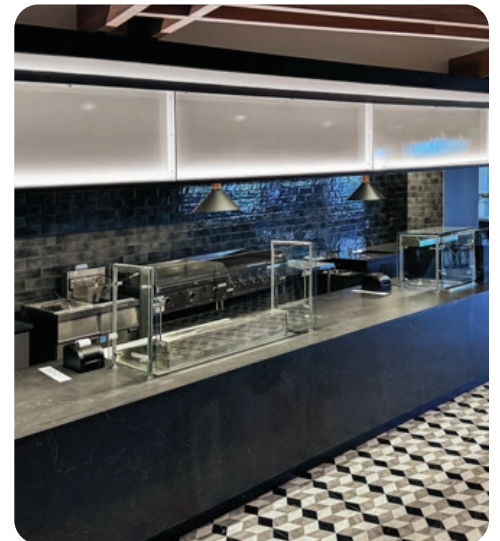
Contract

\$10,300,000

Architect

Gensler

- **Comprehensive renovation project of 25,000 sq. ft. commercial office space.** Project includes an updated fitness center, marketplace café, new lobbies, locker rooms, specialized fitness rooms, modernized kitchen, enhanced structural support, and advanced acoustic and lighting solutions.
- **Marketplace Café:** Constructed a custom Grab & Go station for quick and convenient service and installed K13 ceiling insulation to enhance the acoustic environment.
- **Marketplace:** Constructed a new elevator lobby on the 3rd floor to improve accessibility, developed a telephone room for private communications, installed 3x3 porcelain tile flooring for a modern and durable finish, constructed new common bathrooms, built three new conference rooms connected by elegant glass French doors, and designed a board room with K13 ceiling insulation, integrated speaker system, and display TVs for advanced presentations.
- **Fitness Center (1st Floor):** Constructed a new lobby and entrance, men's and women's locker rooms with showers, a meditation room, massage room, cardio and weightlifting rooms, and a spacious yoga room for group and individual sessions. Installed necessary additional structural support, created a new street entrance for direct access to the fitness center, and installed K13 ceiling insulation and new lighting for improved acoustics and ambiance.



- Additional project work: Renovated kitchen to modern standards, new plumbing systems for efficient water management, undertook new ceiling work to enhance the overall aesthetic, replaced doors on walk-in pantries and fridges for improved functionality, and installed new kitchen equipment to support culinary operations.

- Construction management services included: constructability review, budgeting, value engineering, subcontractor bid and award, safety and logistical planning, pre-purchase program, scheduling, and construction.

